Oklahoma State University
Stillwater Campus
Faculty/Staff Tobacco Cessation Program Proposal

Before January 2008

1. HealthChoice pays for smoking cessation prescription (Chantix or Welbutrin), once per lifetime. Prescription must be pre-approved.
2. Nicotine Replacement Therapy (NRT)
    a. Usually in the form of patches or gum
    b. Over the counter (OTC-no prescription needed)
    c. No insurance reimbursement
    d. Cost: 4 mg. - $54.99 (170 pieces) (Walgreens)
    $29.99 (110 pieces)
    $25.99 (50 pieces)
    4 mg. - $73.99 (170 pieces) (Nicorette brand)
    $55.99 (110 pieces)
3. SmokeStoppers program is provided one-on-one to employees at no charge. (Eight sessions plus follow-up)
4. Support
    a. Online support/behavior change programs available
        i. AHA
        ii. ACS
        iii. Chantix (provides personal coach at no additional charge)
    b. Oklahoma Tobacco Helpline
        i. 1-800-QUIT-NOW
    c. Stillwater Medical Center
        i. Freedom From Smoking (no charge)

After January 2008

1. Chantix and Welbutrin are not on the BlueCross BlueShield pharmaceutical formulary. (No reimbursement)
2. Medication Plan
    a. Employee or covered spouse would be able to get the prescription from their primary care provider or come to the Wellness Center medical provider for the prescription.
    b. Prescriptions for Chantix billed per employee back to OSU/HR
        i. Cost: University Heatlh will sell at cost + $5.00,
        ii. Between $90-100 for 1 month supply
    c. OTC medications dispensed at University Health or Wellness Center billed back to OSU/HR for reimbursement
        i. Cost: Cost + $5.00
3. Support Plan
    a. SWC will provide SmokeStoppers classes once per month. OSU/HR will be billed $150 per participant.
    b. All other support services same as above

Submitted 9/5/07, Flexible Compensation Benefits Committee